



Zanesville City School District District Breakfast

November
2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Daily Breakfast Nutrition Requirements Grain: 1oz eq Fruit: 1c Milk: 1c	29	30	31	1 Assorted Breakfast Grab n Go Items Fruit or Juice Choice Choice of Milk
4 Assorted Breakfast Grab n Go Items Fruit or Juice Choice Choice of Milk	5	6 Assorted Breakfast Grab n Go Items Fruit or Juice Choice Choice of Milk	7 Assorted Breakfast Grab n Go Items Fruit or Juice Choice Choice of Milk	8 Assorted Breakfast Grab n Go Items Fruit or Juice Choice Choice of Milk
11	12 Assorted Breakfast Grab n Go Items Fruit or Juice Choice Choice of Milk	13 Assorted Breakfast Grab n Go Items Fruit or Juice Choice Choice of Milk	14 Assorted Breakfast Grab n Go Items Fruit or Juice Choice Choice of Milk	15 Assorted Breakfast Grab n Go Items Fruit or Juice Choice Choice of Milk
18 Assorted Breakfast Grab n Go Items Fruit or Juice Choice Choice of Milk	19 Assorted Breakfast Grab n Go Items Fruit or Juice Choice Choice of Milk	20 FILL IN SPECIAL Fruit or Juice Choice Choice of Milk	21 Assorted Breakfast Grab n Go Items Fruit or Juice Choice Choice of Milk	22 Assorted Breakfast Grab n Go Items Fruit or Juice Choice Choice of Milk
25 Assorted Breakfast Grab n Go Items Fruit or Juice Choice Choice of Milk	26 Assorted Breakfast Grab n Go Items Fruit or Juice Choice Choice of Milk	27	28	29

PRICES

Extra Milk \$0.50

EXTRA INFO

1% Milk and Skim Flavored Milk will be offered daily at Breakfast and Lunch.

All Zanesville City Schools students will receive a NO COST Breakfast and Lunch as long as USDA requirements are met.

HARVEST OF THE MONTH

KIWI
SWEET POTATO
ROSEMARY

Your MENUS plus more information on our app
TaHer Food4Life®



www.taHer.com