



# Zanesville City School District John McIntire Elementary

January  
2025

## Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>30</p> <p>Daily Lunch Nutritional Requirements Grain: 1oz eq Fruit: .5c Veg: .75c M/MA: 1oz eq Milk: 1c</p>	<p>31</p>	<p>1</p>	<p>2</p>	<p>3</p>
<p>6</p> <p>Cook's Choice</p> <p>PB&amp;J Grab n Go</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>7</p> <p>Cook's Choice</p> <p>PB&amp;J Grab n Go</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>8</p> <p>Choice of Pizza Leafy Green Salad</p> <p>PB&amp;J Grab n Go</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>9</p> <p>Italian Sub Harvest Cheddar Sunchip</p> <p>PB&amp;J Grab n Go</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>10</p> <p>Cheese Bosco Sticks Marinara Sauce</p> <p>PB&amp;J Grab n Go</p> <p>Fresh Fruit Bar Variety of Veggies</p>
<p>13</p> <p>Corn Dog Baked Beans, Vegetarian</p> <p>PB&amp;J Grab n Go</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>14</p> <p>Beefy Nachos w/Cheese Sauce</p> <p>PB&amp;J Grab n Go</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>15</p> <p>Choice of Pizza Leafy Green Salad</p> <p>PB&amp;J Grab n Go</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>16</p> <p>Creamy Macaroni &amp; Cheese Dinner Roll</p> <p>PB&amp;J Grab n Go</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>17</p> <p>No School</p>
<p>20</p> <p>No School</p>	<p>21</p> <p>French Toast Sticks Sausage Patty Strawberry Yogurt</p> <p>PB&amp;J Grab n Go</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>22</p> <p>Choice of Pizza Leafy Green Salad</p> <p>PB&amp;J Grab n Go</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>23</p> <p>Popcorn Chicken Bowl Whole Grain Dinner Roll</p> <p>PB&amp;J Grab n Go</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>24</p> <p>Pasta w/ Hearty Meat Sauce Cheesy Garlic Toast</p> <p>PB&amp;J Grab n Go</p> <p>Fresh Fruit Bar Variety of Veggies</p>
<p>27</p> <p>Crispy Chicken Tenders Tator Tots Whole Grain Dinner Roll</p> <p>PB&amp;J Grab n Go</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>28</p> <p>Soft Beef Tacos Spiced Pinto Beans</p> <p>PB&amp;J Grab n Go</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>29</p> <p>Choice of Pizza Leafy Green Salad</p> <p>PB&amp;J Grab n Go</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>30</p> <p>Hamburger Gravy Mashed Potatoes Dinner Roll</p> <p>PB &amp; J Sandwich</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>31</p> <p>Cheeseburger Sliders Harvest Cheddar Sunchip</p> <p>PB&amp;J Grab n Go</p> <p>Fresh Fruit Bar Variety of Veggies</p>

<b>PRICES</b>	Extra Milk	\$ .50
	Entree Item	\$1.50
	Adult Entree Item	\$2.00
	Adult Full Lunch	\$5.00
<b>EXTRA INFO</b>		



Your **MENUS** plus more information on our app  
**TaHer Food4Life®**



www.taHer.com

Menus are subject to change without notice. This institution is an equal opportunity provider.