

Zanesville City School District Zanesville High School

January
2025

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Daily Lunch Nutrition Requirements Grain: 2oz eq Fruit: 1c Veg: 1c M/MA: 2oz eq Milk: 1c	31	1	2	3
6 Cook's Choice Choice of Pizza PB&J Grab n Go Chef Salad Fresh Fruit Bar Variety of Veggies	7 Orange Chicken Fried Rice Cook's Choice PB&J Grab n Go Chef Salad Fresh Fruit Bar Variety of Veggies	8 French Toast Sticks Sausage Patty Strawberry Yogurt Choice of Pizza PB&J Grab n Go Chef Salad Fresh Fruit Bar Variety of Veggies	9 Creamy Macaroni & Cheese Whole Grain Dinner Roll Cook's Choice PB&J Grab n Go Chef Salad Fresh Fruit Bar Variety of Veggies	10 Oven Roasted Brat on a Bun Baked Beans, Vegetarian Choice of Pizza PB&J Grab n Go Chef Salad Fresh Fruit Bar Variety of Veggies
13 Crispy Chicken Tenders Potato Oles Whole Grain Dinner Roll Choice of Pizza PB&J Grab n Go Crispy Chicken Salad Fresh Fruit Bar Variety of Veggies	14 Walking Taco Spiced Pinto Beans Cook's Choice PB&J Grab n Go Crispy Chicken Salad Fresh Fruit Bar Variety of Veggies	15 Buffalo Chicken Dip Tortilla Chips Choice of Pizza PB&J Grab n Go Crispy Chicken Salad Fresh Fruit Bar Variety of Veggies	16 Beef Chili w/ PB&J Cook's Choice PB&J Grab n go Crispy Chicken Salad Fresh Fruit Bar Variety of Veggies	17 No School
20 No School	21 Cheese Bosco Sticks Marinara Sauce Cook's Choice PB&J Grab n Go Chef Salad Fresh Fruit Bar Variety of Veggies	22 Cheeseburger Sliders Tator Tots Choice of Pizza PB&J Grab n Go Chef Salad Fresh Fruit Bar Variety of Veggies	23 Popcorn Chicken Bowl Whole Grain Dinner Roll Cook's Choice PB&J Grab n Go Chef Salad Fresh Fruit Bar Variety of Veggies	24 Corn Dog Baked Beans, Vegetarian Harvest Cheddar Sunchip Choice of Pizza PB&J Grab n Go Chef Salad Fresh Fruit Bar Variety of Veggies
27 Crispy Chicken Nuggets French Fries Whole Grain Dinner Roll Choice of Pizza PB&J Grab n Go Crispy Chicken Salad Fresh Fruit Bar Variety of Veggies	28 Walking Taco Spiced Pinto Beans Cook's Choice PB&J Grab n Go Crispy Chicken Salad Fresh Fruit Bar Variety of Veggies 1% Unflavored Milk	29 Chicken Eggrolls Spiced Pinto Rice Choice of Pizza PB&J Grab n Go Crispy Chicken Salad Fresh Fruit Bar Variety of Veggies	30 Hamburger Gravy Mashed Potatoes Whole Grain Dinner Roll Cook's Choice PB&J Grab n Go Crispy Chicken Salad Choice of Milk Variety of Veggies	31 Big Breakfast for Lunch Choice of Pizza PB&J Grab n Go Crispy Chicken Salad Fresh Fruit Bar Variety of Veggies

PRICES

Extra Milk	\$3.00
Extra Entree Item	\$1.25
Extra Side Item	\$.50
Adult/Teacher Lunch	\$4.00

EXTRA INFO

All students in the Zanesville City School District are eligible to receive a NO COST, daily breakfast and lunch. Students are encouraged to add funds to their accounts to purchase additional items and/or snacks. Students who bring their lunch from are still eligible to receive a NO COST meal if they are still hungry.

HARVEST OF



THE MONTH

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