

Zanesville City School District Zanesville Middle School

January
2025

Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Daily Lunch Nutritional Requirements Grains: 1oz eq. Fruits: .5c Veg: .75c M/MA: 1oz eq. Milk: 1c	31	1	2	3
6 Cook's Choice Choice of Pizza PB&J Grab n Go Chef Salad Fresh Fruit Bar Variety of Veggies	7 Orange Chicken Fried Rice Cook's Choice PB&J Grab n Go Chef Salad Fresh Fruit Bar Variety of Veggies	8 French Toast Sticks Sausage Patty Strawberry Yogurt Choice of Pizza PB&J Grab n Go Chef Salad Fresh Fruit Bar Variety of Veggies	9 Creamy Macaroni & Cheese Whole Grain Dinner Roll Cook's Choice PB&J Grab n Go Chef Salad Fresh Fruit Bar Variety of Veggies	10 Oven Roasted Brat on a Bun Baked Beans, Vegetarian Choice of Pizza PB&J Grab n Go Chef Salad Fresh Fruit Bar Variety of Veggies
13 Crispy Chicken Tenders Potato Oles Whole Grain Dinner Roll Choice of Pizza PB&J Grab n Go Crispy Chicken Salad Fresh Fruit Bar Variety of Veggies	14 Walking Taco Spiced Pinto Beans Cook's Choice PB&J Grab n Go Crispy Chicken Salad Fresh Fruit Bar Variety of Veggies	15 Buffalo Chicken Dip Tortilla Chips Choice of Pizza PB&J Grab n Go Crispy Chicken Salad Fresh Fruit Bar Variety of Veggies	16 Beef Chili w/ PB&J Cook's Choice PB&J Grab n go Crispy Chicken Salad Fresh Fruit Bar Variety of Veggies	17 No School
20 No School	21 Cheese Bosco Sticks Marinara Sauce Cook's Choice PB&J Grab n Go Chef Salad Fresh Fruit Bar Variety of Veggies	22 Cheeseburger Sliders Tator Tots Choice of Pizza PB&J Grab n Go Chef Salad Fresh Fruit Bar Variety of Veggies	23 Popcorn Chicken Bowl Whole Grain Dinner Roll Cook's Choice PB&J Grab n Go Chef Salad Fresh Fruit Bar Variety of Veggies	24 Corn Dog Baked Beans, Vegetarian Harvest Cheddar Sunchip Choice of Pizza PB&J Grab n Go Chef Salad Fresh Fruit Bar Variety of Veggies
27 Crispy Chicken Nuggets French Fries Whole Grain Dinner Roll Choice of Pizza PB&J Grab n Go Crispy Chicken Salad Fresh Fruit Bar Variety of Veggies	28 Walking Taco Spiced Pinto Beans Cook's Choice PB&J Grab n Go Crispy Chicken Salad Fresh Fruit Bar Variety of Veggies 1% Unflavored Milk	29 Chicken Eggrolls Spiced Pinto Rice Choice of Pizza PB&J Grab n Go Crispy Chicken Salad Fresh Fruit Bar Variety of Veggies	30 Hamburger Gravy Mashed Potatoes Whole Grain Dinner Roll Cook's Choice PB&J Grab n Go Crispy Chicken Salad Choice of Milk Variety of Veggies	31 Big Breakfast for Lunch Choice of Pizza PB&J Grab n Go Crispy Chicken Salad Fresh Fruit Bar Variety of Veggies

PRICES

Extra Milk	\$.50
Entree Item	\$1.50
Adult Entree Item	\$2.00
Adult Full Lunch	\$5.00

EXTRA INFO

HARVEST OF



THE MONTH

Menus and nutrition
our app
Taher Food4Life®



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