

Zanesville City School District Zanesville Middle School

November
2024

Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>28</p> <p>Daily Lunch Nutritional Requirements Grains: 1oz eq. Fruits: .5c Veg: .75c M/MA: 1oz eq. Milk: 1c</p>	<p>29</p>	<p>30</p>	<p>31</p>	<p>1</p> <p>Cook's Chioce Choice of Pizza Buffalo Chicken Dip Chef Salad</p> <p>Fresh Fruit Bar Variety of Veggies</p>
<p>4</p> <p>Philly Flatbread Garden Salad Choice of Pizza PB&J Grab n Go Crispy Chicken Salad</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>5</p>	<p>6</p> <p>Wing Bar Tator Tots Whole Grain Dinner Roll Choice of Pizza PB&J grab n Go Crispy Chicken Salad</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>7</p> <p>Hamburger Gravy Mashed Potatoes Whole Grain Dinner Roll PB&J Grab n Go Crispy Chicken Salad</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>8</p> <p>Walking Taco Spiced Pinto Beans Choice of Pizza PB&J Grab n Go Crispy Chicken Salad</p> <p>Fresh Fruit Bar Variety of Veggies</p>
<p>11</p>	<p>12</p> <p>Cheese Bosco Sticks Marinara Sauce PB&J Grab n Go Chef Salad</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>13</p> <p>French Toast Sticks Sausage Patty Strawberry Yogurt Choice of Pizza PB&J Grab n Go Chef Salad</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>14</p> <p>Crispy Chicken Tenders Tator Tots Baked Beans, Vegetarian PB&J Grab n Go Chef Salad</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>15</p> <p>Fish Sandwich w/Cheese Coleslaw Choice of Pizza PB&J Grb n Go Chef Salad</p> <p>Fresh Fruit Bar Variety of Veggies</p>
<p>18</p> <p>Bacon, Egg & Cheese on Bagel</p> <p>Breakfast Potatoes Strawberry Yogurt Choice of Pizza PB&J Grab n Go Crispy Chicken Salad</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>19</p> <p>Chili Dog Harvest Cheddar Sunchip PB & J Sandwich Crispy Chicken Salad</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>20</p> <p>Italian Stromboli Marinara Sauce Choice of Pizza PB&J Grab n Go Crispy Chicken Salad</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>21</p> <p>Popcorn Chicken Bowl Whole Grain Dinner Roll PB&J Grab n Go Crispy Chicken Salad</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>22</p> <p>Cheeseburger Sliders Baked Beans, Vegetarian Choice of Pizza PB&J Grab n Go Crispy Chicken Salad</p> <p>Fresh Fruit Bar Variety of Veggies</p>
<p>25</p> <p>Corn Dog Harvest Cheddar Sunchip Homemade Pepperoni Pizza PB&J Grab n Go Chef Salad</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>26</p> <p>Chicken Patty Sandwich Tator Tots PB&J Grab n Go Chef Salad</p> <p>Fresh Fruit Bar Variety of Veggies</p>	<p>27</p>	<p>28</p>	<p>29</p>

PRICES

Extra Milk	\$.50
Student Extra Entree	\$1.50
Adult Entree Item	\$2.00
Adult Full Lunch	\$5.00

EXTRA INFO

1% Milk and Skim Flavored Milk will be offered daily at Breakfast and Lunch.

All Zanesville City Schools students will receive a NO COST Breakfast and Lunch as long as USDA requirements are met.

HARVEST OF



THE MONTH

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