



Zanesville City School District National Road Elementary

September
2024

Lunch Menu



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|---|
| <p>2</p> | <p>3</p> <p>Corn Dog Baked Beans, Vegetarian Ham & Cheese Grab n Go</p> <p>Sweet Potato Tots Celery Sticks Mixed Fruit Apple Slices</p> | <p>4</p> <p>Pancakes Easy Egg Bake Ham & Cheese Grab n Go</p> <p>Steamed Carrots Celery Sticks Pineapple Tidbits Apple Slices</p> | <p>5</p> <p>Cheeseburger Sliders Tator Tots Ham & Cheese Grab n Go</p> <p>Tator Tots Celery Sticks Applesauce Apple Slices</p> | <p>6</p> <p>Choice of Pizza Garden Salad Ham & Cheese Grab n Go</p> <p>California Blend Vegetable Celery Sticks Diced Pears Apple Slices</p> |
| <p>9</p> <p>Hamburger Gravy Mashed Potatoes PB&J Lunchbox</p> <p>Mixed Vegetables Baby Carrots Diced Peaches Banana</p> | <p>10 HOM - Tomato & Marjoram</p> <p>Pasta with Meat Sauce Garlic Toast PB&J Lunchbox</p> <p>Roasted Broccoli Baby Carrots Mixed Fruit Banana</p> | <p>11</p> <p>Grilled Cheese Sandwich Homemade Chicken Noodle Soup PB&J Lunchbox</p> <p>Corn on the Cob Baby Carrots Pineapple Tidbits Banana</p> | <p>12</p> <p>Chicken & Cheese Quesadilla Salsa PB&J Lunchbox</p> <p>Spiced Pinto Beans Baby Carrots Applesauce Banana</p> | <p>13 HOM - Zucchini</p> <p>Choice of Pizza Garden Salad PB&J Lunchbox</p> <p>Roasted Zucchini Baby Carrots Sliced Pears Banana</p> |
| <p>16</p> <p>Beef Chili Cornbread Bowl Brunchable with Pancakes Munchable</p> <p>Potato Wedges Cauliflower Floret Diced Peaches Fresh Pear</p> | <p>17</p> <p>Lasagna Rollup with Sauce Bread Stick Brunchable with Pancakes Munchable</p> <p>Roasted Broccoli Cauliflower Floret Mixed Fruit Fresh Pear</p> | <p>18</p> <p>Crispy Chicken Nuggets Whole Grain Dinner Roll Brunchable with Pancakes Munchable</p> <p>Baked Beans, Vegetarian Cauliflower Floret Pineapple Tidbits Fresh Pear</p> | <p>19</p> <p>Macaroni & Cheese Soft Pretzel Brunchable with Pancakes Munchable</p> <p>Roasted Carrots Cauliflower Floret Applesauce Fresh Pear</p> | <p>20</p> <p>Choice of Pizza Garden Salad Brunchable with Pancakes Munchable</p> <p>Cauliflower Floret Diced Pears Fresh Pear</p> |
| <p>23</p> <p>Cheese Bosco Stick Marinara Sauce Turkey BLT Grab n Go</p> <p>Steamed Green Beans Baby Carrots Diced Peaches Fresh Grapes</p> | <p>24</p> <p>Beef Hot Dog on a Bun Harvest Cheddar Sunchip Turkey BLT Grab n Go</p> <p>Peas & Carrots Baby Carrots Mixed Fruit Fresh Grapes</p> | <p>25</p> <p>Beefy Nachos w/Homemade Cheese Sauce Spiced Pinto Beans Turkey BLT Grab n Go</p> <p>Roasted Corn Baby Carrots Pineapple Tidbits Fresh Grapes</p> | <p>26</p> <p>Chicken Spaghetti Whole Grain Dinner Roll Turkey BLT Grab n Go</p> <p>Roasted Broccoli Baby Carrots Applesauce Fresh Grapes</p> | <p>27</p> <p>Choice of Pizza Garden Salad Turkey BLT Grab n Go</p> <p>California Blend Vegetable Baby Carrots Diced Pears Fresh Grapes</p> |
| <p>30</p> <p>Hawaiian Ham Sliders Hawaiian Fried Rice Ham & Cheese Grab n Go</p> <p>Sweet Potato Tots Cucumber Slices Diced Peaches Apple Slices</p> | <p>1</p> | | | <p>Daily Lunch Nutrition Requirements Grain: 1oz eq Fruit: .5c Veg: .75c M/MA: 1oz eq Milk: 1c</p> |

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| PRICES | Extra Milk | \$.50 |
| | Student Extra Entree | \$1.50 |
| | Adult Entree Item | \$2.00 |
| | Adult Full Lunch | \$5.00 |
| EXTRA INFO | 1% Milk and Flavored Skim Milk will be offered at Breakfast & Lunch daily | |
| | All Zanesville City Schools students will receive a NO COST Breakfast & Lunch as long as USDA requirements are met | |



Your **MENUS** plus more information on our app **Taher Food4Life®**

www.taher.com