

# Zanesville City School District Zanesville Middle School

September  
2024

## Lunch Menu

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  |
|--|--|---|--|---|
| <b>2</b><br><b>No School</b>   | <b>3</b><br>Cheese Bosco Stick<br>Marinara Sauce<br>Buffalo Chicken Grab n Go<br>Southwest Chicken Salad<br><br>Steamed Peas<br>Fresh Fruit Bar<br>Variety of Veggies    | <b>4</b><br>Orange Chicken<br>Brown Rice<br>Choice of Pizza<br>Southwest Chicken Salad<br><br>Steamed Carrots<br>Fresh Fruit Bar<br>Variety of Veggies                      | <b>5</b><br>Corn Dog<br><br>Buffalo Chicken Grab n Go<br>Southwest Chicken Salad<br><br>Baked Beans, Vegetarian<br>Fresh Fruit Bar<br>Variety of Veggies               | <b>6</b><br><b>HOM-Tomato &amp; Marjoram</b><br><br>Pasta with Meat Sauce<br>Garlic Toast<br>Choice of Pizza<br>Southwest Chicken Salad<br><br>Roasted Broccoli<br>Canned Fruit Bar<br>Variety of Veggies |
| <b>9</b><br>Oven Roasted Brat on a Bun<br><br>Choice of Pizza<br>Chef Salad<br><br>French Fries<br>Fresh Fruit Bar<br>Variety of Veggies                     | <b>10</b><br>Lasagna Rollup with Sauce<br>Garlic Toast<br>Turkey Deli Sandwich<br>Chef Salad<br><br>Garden Salad<br>Fresh Fruit Bar<br>Variety of Veggies                | <b>11</b><br>Baked Potato Bar<br>Fixings for Baked Potatoes<br>Choice of Pizza<br>Chef Salad<br><br>Roasted Broccoli<br>Fresh Fruit Bar<br>Variety of Veggies               | <b>12</b><br>Beefy Nachos w/Homemade<br>Cheese Sauce<br>Salsa<br>Turkey Deli Sandwich<br>Chef Salad<br><br>Spiced Pinto Beans<br>Fresh Fruit Bar<br>Variety of Veggies | <b>13</b><br><b>HOM - Zucchini</b><br><br>Crispy Chicken Sandwich<br>Tator Tots<br>Choice of Pizza<br>Chef Salad<br><br>Roasted Zucchini<br>Fresh Fruit Bar<br>Variety of Veggies                         |
| <b>16</b><br>Beef Chili<br>Cornbread<br>Choice of Pizza<br>Chicken Caesar Salad<br><br>Potato Wedges<br>Fresh Fruit Bar<br>Variety of Veggies                | <b>17</b><br>Philly Flatbread<br>Garden Salad<br>Buffalo Chicken Wrap<br>Chicken Caesar Salad<br><br>California Blend Vegetable<br>Fresh Fruit Bar<br>Variety of Veggies | <b>18</b><br>Wing Bar<br>Whole Grain Dinner Roll<br>Choice of Pizza<br>Chicken Caesar Salad<br><br>Sweet Potato Tots<br>Fresh Fruit Bar<br>Variety of Veggies               | <b>19</b><br>Macaroni & Cheese<br>Soft Pretzel<br>Buffalo Chicken Wrap<br>Chicken Caesar Salad<br><br>Roasted Carrots<br>Fresh Fruit Bar<br>Variety of Veggies         | <b>20</b><br>Cheeseburger Sliders<br>Tator Tots<br>Choice of Pizza<br>Chicken Caesar Salad<br><br>Salsa<br>Baked Beans, Vegetarian<br>Fresh Fruit Bar<br>Variety of Veggies                               |
| <b>23</b><br>Shredded Beef Poutine<br>Dinner Roll<br>Choice of Pizza<br>Crispy Chicken Salad<br><br>Mashed Potatoes<br>Fresh Fruit Bar<br>Variety of Veggies | <b>24</b><br>Chili Dog<br>Harvest Cheddar Sunchip<br>Turkey BLT Flatbread<br>Crispy Chicken Wrap<br><br>Roasted Corn<br>Fresh Fruit Bar<br>Variety of Veggies            | <b>25</b><br>Beefy Nachos w/Homemade<br>Cheese Sauce<br>Salsa<br>Choice of Pizza<br>Crispy Chicken Salad<br><br>Spiced Pinto Beans<br>Fresh Fruit Bar<br>Variety of Veggies | <b>26</b><br>Country Fried Chicken<br>Dinner Roll<br>Turkey BLT Flatbread<br>Crispy Chicken Salad<br><br>Mashed Potatoes<br>Fresh Fruit Bar<br>Variety of Veggies      | <b>27</b><br>Cook's Choice<br><br>Choice of Pizza<br>Crispy Chicken Salad<br><br>Mashed Potatoes<br>Fresh Fruit Bar<br>Variety of Veggies   |
| <b>30</b><br>Hawaiian Ham Sliders<br><br>Choice of Pizza<br>Chef Salad<br><br>Sweet Potato Tots<br>Fresh Fruit Bar<br>Choice of Milk                         | <b>1</b>   |   |  | Daily Lunch Nutritional<br>Requirements Grains: 1oz eq.<br>Fruits: .5c Veg: .75c MMA: 1oz<br>eq. Milk: 1c   |

### PRICES

|                       |        |
|-----------------------|--------|
| Extra Milk            | \$ .50 |
| Students Extra Entree | \$1.50 |
| Adult Entree Item     | \$2.00 |
| Adult/Teacher Lunch   | \$5.00 |

### EXTRA INFO

1% Milk and Flavored Skim Milk will be offered at Breakfast & Lunch Daily

All Zanesville City Schools students will receive a NO COST Breakfast & Lunch as long as it meets USDA requirements

### HARVEST OF



### THE MONTH

Menus and nutrition  
our app  
Taher Food4Life®



www.taher.com